



Icahn
School of
Medicine at
Mount
Sinai

COURSE INFORMATION SHEET

Title of Course: Sexual and Reproductive Health

Academic Year: 2017-2018

Duration of Course: 4 weeks

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Mission Statement of Course:

The course serves as an introduction to sexual and reproductive health, and covers a range of conditions that would cause a patient to seek the care of an OB/GYN and/or Urologist.

Goals of Course:

This course introduces topics including common gynecologic conditions such as breast lumps, sexually transmitted infections, ovarian cysts and masses, and urologic conditions such as benign prostatic hypertrophy & cancer, and erectile dysfunction. Additional topics include female & male infertility, contraception & abortion, high-risk pregnancy, and sexual awareness including transgender health care.

Given the sensitivity of the topics discussed, students will be able to discover & explore their own feelings & biases in relation to the subject matter; which provides an opportunity to deepen their sensitivity to, and awareness of the diversity in the dimensions of human sexuality.

Objectives of Course:

At the end of the course, the student should be able to:



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- 1) Describe the medical basics (symptoms, cause, workup & management) of common conditions that bring a patient to the obstetrician/gynecologist or urologist, including: breast mass, adnexal (ovarian) mass, abnormal uterine bleeding and postmenopausal bleeding, hematuria and urethral discharge.
- 2) Generate a short differential diagnosis for common conditions that bring a patient to the obstetrician/gynecologist or urologist.
- 3) Advise a patient seeking contraception: indications & contraindications of oral contraceptive use; alternative condoms in patients with latex allergy.
- 4) Describe the basic work-up of an infertile couple.
- 5) Explain the pathogenesis of the major gynecologic and urologic cancers including breast, cervix, uterine (endometrial), ovarian, renal and prostate.
- 6) Explain the pathophysiology, workup & management of pre-eclampsia, eclampsia, twinning, and hydatidiform mole.
- 7) Briefly discuss the management of a healthy transgender patient (FTM, and MTF).
- 8) Be aware of how personal beliefs & biases can impact the provision of healthcare regarding sexual and reproductive health.